

Welcome to Holy Trinity Church



Parish Eucharist
Sunday 22nd February
Lent I

Music

The Gathering

Hymn

Amazing grace! How sweet the sound
that saved a wretch like me.

I once was lost, but now I'm found;
was blind, but now I see.

'Twas grace that taught my heart to fear,
and grace my fears relieved.

How precious did that grace appear
the hour I first believed.

Through many dangers, toils and snares
I have already come.

'Tis grace that brought me safe thus far,
and grace will lead me home.

The Lord has promised good to me,
his word my hope secures;
he will my shield and portion be
as long as life endures.

5 When we've been there a thousand years,
bright shining as the sun,
we've no less days to sing God's praise
than when we first begun.

Source: (CAHON 29)

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

The Lord be with you

All **and also with you.**

Prayer of Preparation

All **Almighty God,**
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Prayer of Penitence

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not
despise. Let us come to the Lord, who is full of
compassion, and acknowledge our transgressions
in penitence and faith.

Silence is kept

Wash me thoroughly from my wickedness
and cleanse me from my sin:
Lord, have mercy.

Lord, have mercy.

Make me a clean heart, O God,
and renew a right spirit within me:
Christ, have mercy.

Christ, have mercy.

Cast me not away from your presence
and take not your holy spirit from me:
Lord, have mercy.

Lord, have mercy.

Absolution

Almighty God,
who forgives all who truly repent,
have mercy upon you,

pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

The Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the
wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience
to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen.**

The Liturgy of the Word

First Reading – Genesis 2.15–17; 3.1–7

A reading from the book of Genesis, chapter 2, verses 15 to 17 and chapter 3 verses 1 to 7.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' But the serpent said to the woman, 'You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one

wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

This is the word of the Lord.

All **Thanks be to God.**

The Psalm 32

All ***Be glad, you righteous, and rejoice in the Lord.***

Happy the one whose transgression is forgiven, and whose sin is covered.

Happy the one to whom the Lord imputes no guilt, and in whose spirit there is no guile.

All ***Be glad, you righteous, and rejoice in the Lord.***

For I held my tongue; my bones wasted away through my groaning all the day long.

Your hand was heavy upon me day and night; my moisture was dried up like the drought in summer. Then I acknowledged my sin to you and my iniquity I did not hide.

All ***Be glad, you righteous, and rejoice in the Lord.***

I said, 'I will confess my transgressions to the Lord,' and you forgave the guilt of my sin.

Therefore let all the faithful make their prayers to you in time of trouble; in the great water flood, it shall not reach them.

You are a place for me to hide in; you preserve me from trouble; you surround me with songs of deliverance.

All ***Be glad, you righteous, and rejoice in the Lord.***

'I will instruct you and teach you in the way that you should go; I will guide you with my eye.

Be not like horse and mule which have no understanding; whose mouths must be held with bit and bridle, or else they will not stay near you.'

Great tribulations remain for the wicked, but mercy embraces those who trust in the Lord. Be glad, you righteous, and rejoice in the Lord; shout for joy, all who are true of heart.

All ***Be glad, you righteous, and rejoice in the Lord.***

Glory be to the Father, to the Son, and to the Holy Spirit, as it was, is now, and shall be forever, Amen.

Second Reading – Romans 5.12–19

A reading from the Letter to the Romans, chapter 5, verses 12 to 19.

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought

condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.

All

Thanks be to God

The Gradual Hymn

Be thou my vision, O Lord of my heart,
naught be all else to me save that thou art;
thou my best thought in the day and the night,
waking or sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,
I ever with thee and thou with me Lord;
thou my great Father, and I thy true heir;
thou in me dwelling, and I in thy care.

Be thou my breastplate, my sword for the fight,
be thou my armour, and be thou my might,
thou my soul's shelter, and thou my strong
tow'r,
raise thou me heav'nward, O Pow'r of my pow'r.

Riches I need not, nor all the world's praise,
thou mine inheritance through all my days;
thou, and thou only, the first in my heart,
high King of heaven, my treasure thou art!

High King of heaven, when battle is done,
grant heaven's joy to me, O bright heav'n's sun;
Christ of my own heart, whatever befall,
still be thou my vision, O Ruler of all.

Source: (CAHON 70)

The Gospel Reading - Matthew 4.1-11

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you
would listen to his voice. Harden not your
hearts.

**Praise to you, O Christ, King of eternal
glory.**

Hear the Gospel of our Lord Jesus Christ
according to Matthew.

All

Glory to you, O Lord.

Jesus was led up by the Spirit into the wilderness
to be tempted by the devil. He fasted for forty
days and forty nights, and afterwards he was
famished. The tempter came and said to him, 'If
you are the Son of God, command these stones
to become loaves of bread.' But he answered, 'It
is written,

"One does not live by bread alone,
but by every word that comes from the mouth
of God." '

Then the devil took him to the holy city and

placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test." '

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him." '

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

All

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

All

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory to
judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the
Son,**

**who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

In the power of the Spirit and in union with Christ, let us pray to the Father.

*The Intercessor leads us in prayer,
the following response may be used*

Lord in your mercy

All

Hear our prayer.

At the end

Merciful Father

All

**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Liturgy of the Sacrament

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

All

Let us offer one another a sign of peace.

All may exchange a sign of peace.

The Offertory Hymn

Forty days and forty nights
you were fasting in the wild;
forty days and forty nights
tempted, and yet unbeguiled:

Sunbeams scorching all the day;
chilly dew-drops nightly shed;
prowling beasts about your way;
stones you pillow, earth you bed.

Let us your endurance share,
and from earthly joys abstain,

with you vigilant in prayer,
with you strong to suffer pain.

Then if evil on us press
holy gladness pure and true
come to us, angelic powers,
such as ministered to you.

Keep, O keep us, Saviour dear,
ever constant by your side;
that with you we may appear
at th' eternal Eastertide.

Source: (CAHON 190)

Preparation of the Table

God of mercy and
compassion, your Word calls
us home to faith and love.
accept all we offer you this
day; in the name of Jesus
Christ the Lord.

Amen

The Eucharistic Prayer

The Lord be with you

All and also with you.

Lift up your hearts

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right and good

to give you thanks and praise,

almighty God and everlasting Father,

through Jesus Christ your Son.

For in these forty days

you lead us into the desert of repentance

that through a pilgrimage of prayer and discipline

we may grow in grace

and learn to be your people once again.

Through fasting, prayer and acts of service

you bring us back to your generous heart.

Through study of your holy word

you open our eyes to your presence in the

world and free our hands to welcome others

into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *singing*:

All

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his
command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;

who in the same night that he was betrayed,
took bread and gave you thanks;

he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the
forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember now his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious
ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our
Lord.

All

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit
inspire us with your love and unite us in the
body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and
heaven,
we worship you, Father almighty,
in songs of everlasting praise:
**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

The Lord's Prayer

Sit or kneel

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against
us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.

All

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

All

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.

Blessed are those who are called to his supper.

All

**Lord, I am not worthy to receive you,
but only say the word, and I shall be
healed.**

All those baptised and admitted to communion are welcome to receive communion, if you wish to receive a blessing please come forward with your arms crossed, please indicate if you wish to receive a wafer intincted into the wine or a gluten free wafer.

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Prayer after Communion

Lord God,
you have renewed us with the living bread from
heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the
true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

Post communion prayer for the day is said, followed by:

All

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus
Christ.
Through him we offer you our souls and
bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

Notices

Community Prayer for the Week

All Almighty God and Father of all,
as we go out from this service,
teach us and help us to be:

**"A Christian community of diverse people
joined in prayer, alive to God's Mission,
and loving of our neighbours."**

Amen

The Blessing

God, who from the death of sin raised you to
new life in Christ, keep you from falling and set
you in the presence of his glory; and the blessing
of God almighty, the Father, the Son, and the
Holy Spirit, be among you and remain with you
always.

All **Amen.**

Hymn

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry

ev'rything to him in prayer!
O what peace we often forfeit,
O what needless pain we bear,
all because we do not carry
ev'rything to God in prayer!

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged:
take it to the Lord in prayer!
Can we find a friend so faithful,
who will all our sorrows share?
Jesus knows our ev'ry weakness -
take it to the Lord in prayer!

Are we weak and heavy-laden,
cumbered with a load of care?
Jesus only is our refuge,
take it to the Lord in prayer!
Do thy friends despise, forsake thee?
Take it to the Lord in prayer!
In his arms he'll take and shield thee,
thou wilt find a solace there.

Source: (CAHON 727)

The Dismissal

Go in peace to love and serve the Lord.

All **In the Name of Christ. Amen.**

The ministers and people depart.

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