



Psalm for Morning Prayer on
3rd Sunday of Easter 19th April

Psalm 23

- 1 The Lord is my shepherd; ♦
therefore can I lack nothing.
- 2 He makes me lie down in green pastures ♦
and leads me beside still waters.
- 3 He shall refresh my soul ♦
and guide me in the paths of righteousness for his name's sake.
- 4 Though I walk through the valley of the shadow of death,
I will fear no evil; ♦
for you are with me;
your rod and your staff, they comfort me.
- 5 You spread a table before me
in the presence of those who trouble me; ♦
you have anointed my head with oil
and my cup shall be full.
- 6 Surely goodness and loving mercy shall follow me
all the days of my life, ♦
and I will dwell in the house of the Lord for ever.

**Glory to the Father and to the Son and to the Holy Spirit; as it was
in the beginning is now
and shall be for ever. Amen.**

First Reading Isaiah 40.1-11

Comfort, O comfort my people,
says your God.

Speak tenderly to Jerusalem,
and cry to her
that she has served her term,
that her penalty is paid,
that she has received from the Lord's hand
double for all her sins.

A voice cries out:

'In the wilderness prepare the way of the Lord,
make straight in the desert a highway for our God.

Every valley shall be lifted up,
and every mountain and hill be made low;
the uneven ground shall become level,
and the rough places a plain.

Then the glory of the Lord shall be revealed,
and all people shall see it together,
for the mouth of the Lord has spoken.'

A voice says, 'Cry out!'

And I said, 'What shall I cry?'

All people are grass,
their constancy is like the flower of the field.

The grass withers, the flower fades,
when the breath of the Lord blows upon it;
surely the people are grass.

The grass withers, the flower fades;
but the word of our God will stand for ever.

Get you up to a high mountain,
O Zion, herald of good tidings;

lift up your voice with strength,
O Jerusalem, herald of good tidings,
lift it up, do not fear;
say to the cities of Judah,

‘Here is your God!’

See, the Lord God comes with might,
and his arm rules for him;

his reward is with him,

and his recompense before him.

He will feed his flock like a shepherd;

he will gather the lambs in his arms,
and carry them in his bosom,
and gently lead the mother sheep.

I Peter 5.1-11

Now as an elder myself and a witness of the sufferings of Christ, as well as one who shares in the glory to be revealed, I exhort the elders among you to tend the flock of God that is in your charge, exercising the oversight, not under compulsion but willingly, as God would have you do it—not for sordid gain but eagerly. Do not lord it over those in your charge, but be examples to the flock. And when the chief shepherd appears, you will win the crown of glory that never fades away. In the same way, you who are younger must accept the authority of the elders. And all of you must clothe yourselves with humility in your dealings with one another, for

‘God opposes the proud,
but gives grace to the humble.’

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power for ever and ever. Amen.