



Psalm for Morning Prayer on
4th Sunday of Easter 26th April

Psalm 106:6-24

- 6 We have sinned like our forebears; ♦
we have done wrong and dealt wickedly.
- 7 In Egypt they did not consider your wonders,
nor remember the abundance of your faithful love; ♦
they rebelled against the Most High at the Red Sea.
- 8 But he saved them for his name's sake, ♦
that he might make his power to be known.
- 9 He rebuked the Red Sea and it was dried up; ♦
so he led them through the deep as through the wilderness.
- 10 He saved them from the adversary's hand ♦
and redeemed them from the hand of the enemy.
- 11 As for those that troubled them, the waters overwhelmed
them; ♦
there was not one of them left.
- 12 Then they believed his words ♦
and sang aloud his praise.
- 13 But soon they forgot his deeds ♦
and would not wait for his counsel.
- 14 A craving seized them in the wilderness, ♦
and they put God to the test in the desert.
- 15 He gave them their desire, ♦
but sent a wasting sickness among them.
- 16 They grew jealous of Moses in the camp ♦
and of Aaron, the holy one of the Lord.
- 17 So the earth opened and swallowed up Dathan ♦
and covered the company of Abiram.

18 A fire was kindled in their company; ♦
the flame burnt up the wicked.

19 They made a calf at Horeb ♦
and worshipped the molten image;

20 Thus they exchanged their glory ♦
for the image of an ox that feeds on hay.

21 They forgot God their saviour, ♦
who had done such great things in Egypt,

22 Wonderful deeds in the land of Ham ♦
and fearful things at the Red Sea.

23 So he would have destroyed them,
had not Moses his chosen stood before him in the
breach, ♦

to turn away his wrath from consuming them.

24 Then they scorned the Promised Land ♦
and would not believe his word,

**Glory to the Father and to the Son and to the Holy
Spirit; as it was in the beginning is now
and shall be for ever. Amen.**

First Reading Nehemiah 9.6–15

And Ezra said: ‘You are the Lord, you alone; you have made heaven, the heaven of heavens, with all their host, the earth and all that is on it, the seas and all that is in them. To all of them you give life, and the host of heaven worships you. You are the Lord, the God who chose Abram and brought him out of Ur of the Chaldeans and gave him the name Abraham; and you found his heart faithful before you, and made with him a covenant to give to his descendants the land of the Canaanite, the Hittite, the Amorite, the Perizzite, the Jebusite, and the Girgashite; and you have fulfilled your promise, for you are righteous.

‘And you saw the distress of our ancestors in Egypt and heard their cry at the Red Sea. You performed signs and wonders against Pharaoh and all his servants and all the people of his land, for you knew that they acted insolently against our ancestors. You made a name for yourself, which remains to this day. And you divided the sea before them, so that they passed through the sea on dry land, but you threw their pursuers into the depths, like a stone into mighty waters. Moreover, you led them by day with a pillar of cloud, and by night with a pillar of fire, to give them light on the way in which they should go. You came down also upon Mount Sinai, and spoke with them from heaven, and gave them right ordinances and true laws, good statutes and commandments, and you made known your holy sabbath to them and gave them commandments and statutes and a law through your servant Moses. For their hunger you gave them bread from heaven, and for their thirst you brought water for them out of the rock, and you told them to go in to possess the land that you swore to give them.

I Corinthians 10.1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.