



# Morning Prayer on Sundays in Ordinary Time

Sundays, 9.30am  
Holy Trinity Church Tottenham

Welcome to Holy Trinity Church Tottenham.

*This service follows the morning prayer office for the Church of England, a structured service with readings and prayers, time for contemplation and an optional hymn.*

*Prayer is how we open up to God, and we gather together to do this as a congregation, both for ourselves and on behalf of the community we live in. We listen to God in silence, through readings from the Bible, and shared prayers.*

*The words in red provide guidance. You are invited to join in with the words in bold, and following instructions from the leader for psalm and canticles. Standing and sitting through the service is suggested.*

*Come as you are. You are welcome to participate by sitting and listening if that is how you find yourself today.*

*The psalm of the day is provided on a separate sheet, and when a hymn is sung a hymn book or sheet will be provided.*

*The service changes with the church seasons, and this service is for Ordinary Time, the period after Candlemas (2<sup>nd</sup> February) to Shrove Tuesday, and then after Pentecost until the last Sunday before Advent.*

## **Preparation**

*Once all are gathered, a moment of silence will be kept.*

*Please stand*

O Lord, open our lips

**and our mouth shall proclaim your praise.**

## **Song of Creation**

1 Bless the Lord all you works of the Lord:  
sing his praise and exalt him for ever.

2 Bless the Lord you heavens:  
sing his praise and exalt him for ever.

3 Bless the Lord you angels of the Lord:  
sing his praise and exalt him for ever.

4 Bless the Lord all people on earth:  
sing his praise and exalt him for ever.

5 O people of God bless the Lord:  
sing his praise and exalt him for ever.

6 Bless the Lord you priests of the Lord:  
sing his praise and exalt him for ever.

7 Bless the Lord you servants of the Lord:  
sing his praise and exalt him for ever.

8 Bless the Lord all you of upright spirit:  
bless the Lord you that are holy and humble in heart.

**Bless the Father, the Son and the Holy Spirit:  
sing his praise and exalt him for ever.**

*A hymn may be sung (see book/sheet)*

*We continue in prayer*

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever. **Amen.**

### **Psalmody (see sheet)**

*Sit, the psalm(s) for the day are said responsively by verse*

### **First Reading**

*The first reading for the day is read*

### **Canticle – A Song of David**

*The canticle is said responsively by verse*

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

1 Blessed are you, God of Israel, for ever and ever,  
for yours is the greatness, the power,  
the glory, the splendour and the majesty.

2 Everything in heaven and on earth is yours;  
yours is the kingdom, O Lord,  
and you are exalted as head over all.

3 Riches and honour come from you  
and you rule over all.

4 In your hand are power and might;  
yours it is to give power and strength to all.

5 And now we give you thanks, our God,  
and praise your glorious name.

6 For all things come from you,  
and of your own have we given you.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now**

and shall be for ever. Amen.

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

### **Second Reading**

*The second reading for the day is read*

### **Responsory**

Awake, O sleeper, and arise from the dead.

**And Christ shall give you light.**

You have died and your life is hid with Christ in God.

**Awake, O sleeper, and arise from the dead.**

Set your minds on things that are above,  
not on things that are on the earth.

**And Christ shall give you light.**

When Christ our life appears  
you will appear with him in glory.

**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light.**

### **Gospel Cantic**

*Stand, the Gospel Cantic is said together.*

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

1 Blessed be the Lord the God of Israel, who has come to his  
people and set them free.

2 He has raised up for us a mighty Saviour, born of the house  
of his servant David.

3 Through his holy prophets God promised of old to save us  
from our enemies, from the hands of all that hate us,

4 To show mercy to our ancestors,  
and to remember his holy covenant.

- 5 This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,  
6 Free to worship him without fear, holy and righteous in his sight all the days of our life.  
7 And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,  
8 To give his people knowledge of salvation by the forgiveness of all their sins.  
9 In the tender compassion of our God the dawn from on high shall break upon us,  
10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

**Glory to the Father and to the Son  
and to the Holy Spirit;**

**as it was in the beginning is now  
and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

### **Prayers**

*Sit or kneel these or other prayers may be used*

For the unity of the Church in witness and proclamation of the Gospel ...;

let us pray to the Lord: **Lord have mercy.**

For the peace and stability of all peoples and for the leaders of the nations ...;

let us pray to the Lord: **Lord have mercy.**

For places of work, education and leisure ...;

let us pray to the Lord: **Lord have mercy.**

For a blessing on our homes;  
for our relations and friends and all whom we love ...;  
let us pray to the Lord: **Lord have mercy.**

For the sick and suffering and all who minister to their needs  
...; let us pray to the Lord: **Lord have mercy.**

Let us commend ourselves, and all for whom we pray,  
to the mercy and protection of God.

*The collect for the day is read by the leader*

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom,  
the power and the glory,  
for ever and ever.**

**Amen.**

### **The Conclusion**

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life. **Amen.**

Let us bless the Lord.

**Thanks be to God.**

