



**Psalm for Morning Prayer on**  
**Sunday 19<sup>th</sup> July, 7<sup>th</sup> after Trinity**

**Psalm 71**

- 1 In you, O Lord, do I seek refuge; ♦  
let me never be put to shame.
- 2 In your righteousness, deliver me and set me free; ♦  
incline your ear to me and save me.
- 3 Be for me a stronghold to which I may ever resort; ♦  
send out to save me, for you are my rock and my fortress.
- 4 Deliver me, my God, from the hand of the wicked, ♦  
from the grasp of the evildoer and the oppressor.
- 5 For you are my hope, O Lord God, ♦  
my confidence, even from my youth.
- 6 Upon you have I leaned from my birth,  
when you drew me from my mother's womb; ♦  
my praise shall be always of you.
- 7 I have become a portent to many, ♦  
but you are my refuge and my strength.
- 8 Let my mouth be full of your praise ♦  
and your glory all the day long.
- 9 Do not cast me away in the time of old age; ♦  
forsake me not when my strength fails.
- 10 For my enemies are talking against me, ♦  
and those who lie in wait for my life take counsel together.
- 11 They say, 'God has forsaken him;  
pursue him and take him, ♦  
because there is none to deliver him.'
- 12 O God, be not far from me; ♦  
come quickly to help me, O my God.
- 13 Let those who are against me  
be put to shame and disgrace; ♦  
let those who seek to do me evil  
be covered with scorn and reproach.

- 14 But as for me I will hope continually ♦  
and will praise you more and more.
- 15 My mouth shall tell of your righteousness  
and salvation all the day long, ♦  
for I know no end of the telling.
- 16 I will begin with the mighty works of the Lord God; ♦  
I will recall your righteousness, yours alone.
- 17 O God, you have taught me since I was young, ♦  
and to this day I tell of your wonderful works.
- 18 Forsake me not, O God,  
when I am old and grey-headed, ♦  
till I make known your deeds to the next generation  
and your power to all that are to come.
- 19 Your righteousness, O God, reaches to the heavens; ♦  
in the great things you have done, who is like you, O God?
- 20 What troubles and adversities you have shown me, ♦  
and yet you will turn and refresh me  
and bring me from the deep of the earth again.
- 21 Increase my honour; ♦  
turn again and comfort me.
- 22 Therefore will I praise you upon the harp for your faithfulness, O  
my God; ♦  
I will sing to you with the lyre, O Holy One of Israel.
- 23 My lips will sing out as I play to you, ♦  
and so will my soul, which you have redeemed.
- 24 My tongue also will tell of your righteousness all the day long, ♦  
for they shall be shamed and disgraced  
who sought to do me evil.

**Glory to ....**

## **Morning Prayer 19<sup>th</sup> July First Reading - Deuteronomy 30.1–10**

When all these things have happened to you, the blessings and the curses that I have set before you, if you call them to mind among all the nations where the Lord your God has driven you, and return to the Lord your God, and you and your children obey him with all your heart and with all your soul, just as I am commanding you today, then the Lord your God will restore your fortunes and have compassion on you, gathering you again from all the peoples among whom the Lord your God has scattered you. Even if you are exiled to the ends of the world, from there the Lord your God will gather you, and from there he will bring you back. The Lord your God will bring you into the land that your ancestors possessed, and you will possess it; he will make you more prosperous and numerous than your ancestors.

Moreover, the Lord your God will circumcise your heart and the heart of your descendants, so that you will love the Lord your God with all your heart and with all your soul, in order that you may live. The Lord your God will put all these curses on your enemies and on the adversaries who took advantage of you. Then you shall again obey the Lord, observing all his commandments that I am commanding you today, and the Lord your God will make you abundantly prosperous in all your undertakings, in the fruit of your body, in the fruit of your livestock, and in the fruit of your soil. For the Lord will again take delight in prospering you, just as he delighted in prospering your ancestors, when you obey the Lord your God by observing his commandments and decrees that are written in this book of the law, because you turn to the Lord your God with all your heart and with all your soul.

This is the word of the Lord **thanks be to God.**

## **Morning Prayer 19<sup>th</sup> July Second Reading I Peter 3.8–18**

Finally, all of you, have unity of spirit, sympathy, love for one another, a tender heart, and a humble mind. Do not repay evil for evil or abuse for abuse; but, on the contrary, repay with a blessing. It is for this that you were called—that you might inherit a blessing. For

‘Those who desire life

and desire to see good days,

let them keep their tongues from evil

and their lips from speaking deceit;

let them turn away from evil and do good;

let them seek peace and pursue it.

For the eyes of the Lord are on the righteous,

and his ears are open to their prayer.

But the face of the Lord is against those who do evil.’

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defence to anyone who demands from you an account of the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God’s will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit,

This is the word of the Lord **thanks be to God.**