



Parish Eucharist
in Ordinary Time

9th August 2026
10.30am

10th Sunday after Trinity
Holy Trinity Church Tottenham

Welcome to Holy Trinity Church Tottenham.

Our Parish Eucharist or Mass is a service of Holy Communion, following the Church of England's Common Worship Order One. Holy Communion is celebrated by the whole people of God gathered for worship. The ministry of the members of the congregation is expressed through their active participation together in the words and actions of the service. The unity of the liturgy is served by the ministry of the president, who in presiding over the whole service holds word and sacrament together and draws the congregation into a worshipping community.

Posture

The congregation are invited to sit, stand, and kneel during the service, these are invitations, please take a posture that is comfortable for you and assists you in your worship this morning.

Sign of the cross

During the service you may choose to make the sign of the cross as a physical expression of prayer, tracing with your hand, to the forehead, chest, left shoulder, right shoulder, and heart. The traditional places to make the sign of the cross are indicated by this symbol ✠

Receiving Communion

All those received into communion in the Church of England, or are baptized and communicant members of other Churches are welcome to receive communion. We believe that the bread and wine at communion are the real presence of Jesus. Receiving bread and wine, or only one as complete and full communion. We receive wine from the common cup. Low gluten wafers are available.

If you have not been received into communion or do not wish to make communion, you are welcome to come forward at communion and receive a blessing from the priest.

Consecrated bread and wine are kept as reserved sacrament in the tabernacle on the high altar of the church, with the lit candle above it. We reverence Christ's presence here by pausing, bowing, or making the sign of the cross.

Readings and hymns are provided on a separate sheet.

The service changes with the church seasons, and this service is for Ordinary Time, the period after Candlemas (2nd February) to Shrove Tuesday, and then after Pentecost until the last Sunday before Advent.

Before Mass

A private prayer for before Mass

'Lord, as I prepare to meet with you in this eucharist, help me to worship you here with this community and family with an undistracted heart. Reveal to me the wonders of your love, in word and sacrament today. Amen.'

During Communion

When communion is distributed is a time for prayer, reflection, and singing, you may wish to use a personal prayer such as:

'Thank you Father for meeting me in this sacrament, for giving us your Son Jesus, fill me with your Holy Spirit today and always. Amen.'

After Mass

A private prayer for when the service is ended

'Lord God, as I go out from this church today, help me to carry with me your love to all I meet. Thank you for all you have given me, and guide me through this week focused on you. Amen'

Our vision and mission statement as a church is:

a Christian community of diverse people joined in prayer in God's mission and loving of neighbours.

All are welcome here in God's house. Come as you are. You are welcome to participate as much or as little as you wish.

The Gathering **Gathering Hymn**

All stand, at the entry of the ministers a hymn is sung

1 At the name of Jesus
ev'ry knee shall bow,
ev'ry tongue confess him
King of glory now:
'tis the Father's pleasure
we should call him Lord,
who, from the beginning,
was the mighty Word.

2 At his voice creation
sprang at once to sight,
all the angel faces,
all the hosts of light,
thrones and dominations,
stars upon their way,
all the heavenly orders,
in their great array.

3 Humbled for a season,
to receive a name
from the lips of sinners
unto whom he came,
faithfully he bore it
spotless to the last,
brought it back victorious,
when from death he passed:

5 Name him, Christians, name him,
with love strong as death,

but with awe and wonder
and with bated breath:
he is God the Saviour,
he is Christ the Lord,
ever to be worshipped,
trusted, and adored.

7 Surely, this Lord Jesus
shall return again,
with his Father's glory,
with his angel train;
for all wreaths of empire
meet upon his brow,
and our hearts confess him
King of glory now.

(Source: CAHON 54)

The Greeting

✠ In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen

The Lord be with you
and also with you.

Welcome

Words of welcome are offered.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayer of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves. In
your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy, and walk humbly
with you, our God. Amen.**

The president says

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

The Gloria

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**[Glory to God, Glory to God, Glory to God in the
Highest!]**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;**

**you are seated at the right hand of the Father:
receive our prayer.**

**[Glory to God, Glory to God, Glory to God in the
Highest!]**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.**

[Glory to God, Glory to God, Glory to God in the

Highest!] Amen.

The Collect

The collect for the day is said

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen** *All sit*

The Liturgy of the Word

First Reading

1 Kings 19.9–18

At that place he came to a cave, and spent the night there.
Then the word of the Lord came to him, saying, ‘What are you doing here, Elijah?’ He answered, ‘I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.’

He said, ‘Go out and stand on the mountain before the Lord, for the Lord is about to pass by.’ Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then

there came a voice to him that said, ‘What are you doing here, Elijah?’ He answered, ‘I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.’ Then the Lord said to him, ‘Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.’

This is the word of the Lord.

Thanks be to God.

Psalm 85.8–13

Show us your mercy, O Lord.

I will listen to what the Lord God will say, for he shall speak peace to his people and to the faithful, that they turn not again to folly. Truly, his salvation is near to those who fear him, that his glory may dwell in our land.

Show us your mercy, O Lord.

Mercy and truth are met together, righteousness and peace have kissed each other; Truth shall spring up from the earth and righteousness look down from heaven.

Show us your mercy, O Lord.

The Lord will indeed give all that is good, and our land will yield its increase. Righteousness shall go before him and direct his steps in the way.

**Show us your mercy, O Lord.
Glory be to the Father, to the Son, and
to the Holy Spirit, as it was, is now,
and shall be forever, Amen.**

Second Reading

Romans 10.5–15

Moses writes concerning the righteousness that comes from the law, that ‘the person who does these things will live by them.’ But the righteousness that comes from faith says, ‘Do not say in your heart, “Who will ascend into heaven?” ’ (that is, to bring Christ down) ‘or “Who will descend into the abyss?” ’ (that is, to bring Christ up from the dead). But what does it say?

‘The word is near you, on your lips and in your heart’ (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, ‘No one who believes in him will be put to shame.’ For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, ‘Everyone who calls on the name of the Lord shall be saved.’ But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, ‘How beautiful are the feet of those who bring good news!’

This is the word of the Lord.

Thanks be to God.

Gradual Hymn

All stand, as the gradual hymn is sung

1 How sweet the name of Jesus sounds
in a believer's ear!

It soothes our sorrows, heals our wounds,
and drives away our fear.

2 It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,
and to the weary, rest.

4 Jesus! my shepherd, brother, friend,
my prophet, priest, and king,
my Lord, my life, my way, my end,
accept the praise I bring.

6 Till then I would thy love proclaim
with ev'ry fleeting breath;
and may the music of thy name
refresh my soul in death.

(Source: CAHON 297)

The Gospel Reading

All turn to face the gospel the proclamation in the midst of the people.

Alleluia, alleluia.

Speak, Lord, for your servant is listening.

You have the words of eternal life.

Alleluia

The Lord be with you

And also with you

✠ Hear the Gospel of our Lord Jesus Christ according to

Matthew

Glory to you, O Lord.

Matthew 14.22–33

Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, 'It is a ghost!' And they cried out in fear. But immediately Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, 'Lord, save me!' Jesus immediately reached out his hand and caught him, saying to him, 'You of little faith, why did you doubt?' When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

A sermon is offered

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty,

**maker of heaven and earth,
of all that is seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the
Scriptures; he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to
judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of
life, who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified, who has spoken through the prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**✠ We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

In the power of the Spirit and in union with Christ, let us pray to the Father.

The Intercessor leads us in prayer, the following or an alternative response is used

Lord in your mercy **Hear our prayer.**

At the end

Merciful Father

**accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

Jesus said:

‘Love one another. As I have loved you,
so you are to love one another.’

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Offertory Hymn

During the offertory hymn a collection is taken up, the table is prepared with bread and wine.

I Dear Lord and Father of mankind,
forgive our foolish ways!

Re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper rev'rence praise,
in deeper rev'rence praise.

2 In simple trust like theirs who heard
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee,
rise up and follow thee.

3 O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!
Interpreted by love!

4 Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace,
the beauty of thy peace.

5 Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind and fire,
O still small voice of calm!
O still small voice of calm!

(Source: CAHON 144)

Preparation of the Table

Word made flesh, life of the world,

in your incarnation you embraced our poverty:
by your Spirit may we share in your riches.

Amen

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
at all times and in all places to give you thanks and praise,
holy Father, heavenly King, almighty and eternal God,
through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all
things from the beginning, and formed us in your own image.

Through him you have freed us from the slavery of sin,
giving him to be born of a woman and to die upon the cross;
you raised him from the dead
and exalted him to your right hand on high.

Through him you have sent upon us
your holy and life-giving Spirit,
and made us a people for your own possession.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *singing*:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**✠ Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;

who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance ✠ of me.

In the same way, after supper he took the cup and gave you
thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance ✠ of me.

Therefore, heavenly Father,
we remember now his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup

we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit
inspire us with your love and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation;
but deliver us from evil.**

**For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

**We break this bread to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

**Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.**

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us.
Amen.**

All those baptised and admitted to communion are welcome to receive communion, if you wish to receive a blessing please come forward with your booklet or arms crossed, please indicate if you wish to receive a wafer intincted into the wine or a low gluten wafer.

Prayer after Communion

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord. **Amen**

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies to be a**

living sacrifice.

**Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

Notices

Notices are given, please see the church newsletter.

The Blessing

The peace of God, which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

Final Hymn

During the final hymn the minister and altar party process to the church door

I Eternal Father, strong to save,
whose arm doth bind the restless wave,
who bidd'st the mighty ocean deep
its own appointed limits keep:
O hear us when we cry to thee
for those in peril on the sea.

2 O Saviour, whose almighty word
the winds and waves submissive heard,
who walkedst on the foaming deep,
and calm, amid its rage, didst sleep:
O hear us when we cry to thee

for those in peril on the sea.

3 O sacred Spirit, who didst brood
upon the waters dark and rude,
who bid their angry tumult cease,
and give, for wild confession, peace:
O hear us when we cry to thee
for those in peril on the sea.

4 O Trinity of love and pow'r,
our brethren shield in danger's hour.
From rock and tempest, fire and foe,
protect them whereso'er they go,
and ever let there rise to thee
glad hymns of praise from land and sea.

(Source: CAHON 153)

The Dismissal

Go in peace to love and serve the Lord.

In the Name of Christ. Amen.

The ministers and people depart.

You are invited to join us for tea and coffee in the church hall after the service.

Liturgy in this order of service are Common Worship © The Archbishops' Council of the Church of England Hymns sections are from Complete Anglican Hymns Old & New © 2000 Kevin Mayhew Ltd, Suffolk. All rights reserved worldwide.

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Our Community Prayer for the Week

Almighty God and Father of all, as we go out from this service,
teach us and help us to be:

"A Christian community of diverse people joined in prayer,
alive to God's Mission, and loving of our neighbours."

Amen