



Hymn and Psalm for Morning Prayer on 4th October 2026

Hymn

O Lord, hear my prayer, O Lord, hear my prayer;
when I call answer me.

O Lord, hear my prayer, O Lord, hear my prayer;
come and listen to me.

Repeated x2

Psalm 128, 129, 134

Psalm 128

- 1 Blessed are all those who fear the Lord, ♦ and walk in his ways.
- 2 You shall eat the fruit of the toil of your hands; ♦
it shall go well with you, and happy shall you be.
- 3 Your wife within your house shall be like a fruitful vine; ♦
your children round your table, like fresh olive branches.
- 4 Thus shall the one be blest ♦ who fears the Lord.
- 5 The Lord from out of Zion bless you, ♦ that you may see Jerusalem in
prosperity all the days of your life.
- 6 May you see your children's children, ♦ and may there be peace upon Israel.

Psalm 129

- 1 'Many a time have they fought against me from my youth,' ♦ may Israel now
say;
- 2 'Many a time have they fought against me from my youth, ♦ but they have not
prevailed against me.'
- 3 The ploughers ploughed upon my back ♦ and made their furrows long.
- 4 But the righteous Lord ♦ has cut the cords of the wicked in pieces.
- 5 Let them be put to shame and turned backwards, ♦ as many as are enemies of
Zion.
- 6 Let them be like grass upon the housetops, ♦ which withers before it can
grow,
- 7 So that no reaper can fill his hand, ♦ nor a binder of sheaves his bosom;
- 8 And none who go by may say, 'The blessing of the Lord be upon you. ♦
We bless you in the name of the Lord.'

Psalm 134

- 1 Come, bless the Lord, all you servants of the Lord, ♦
you that by night stand in the house of the Lord.
- 2 Lift up your hands towards the sanctuary ♦ and bless the Lord.
- 3 The Lord who made heaven and earth ♦ give you blessing out of Zion.

Glory to...

4/10 Morning Prayer First Reading Isaiah 49.13–23

Sing for joy, O heavens, and exult, O earth; break forth, O mountains, into singing! For the Lord has comforted his people, and will have compassion on his suffering ones.

But Zion said, 'The Lord has forsaken me, my Lord has forgotten me.'
Can a woman forget her nursing-child, or show no compassion for the child of her womb?

Even these may forget, yet I will not forget you.

See, I have inscribed you on the palms of my hands; your walls are continually before me.

Your builders outdo your destroyers, and those who laid you waste go away from you.

Lift up your eyes all around and see; they all gather, they come to you.

As I live, says the Lord, you shall put all of them on like an ornament, and like a bride you shall bind them on.

Surely your waste and your desolate places and your devastated land—surely now you will be too crowded for your inhabitants, and those who swallowed you up will be far away.

The children born in the time of your bereavement will yet say in your hearing: 'The place is too crowded for me; make room for me to settle.'

Then you will say in your heart, 'Who has borne me these?

I was bereaved and barren, exiled and put away— so who has reared these?

I was left all alone— where then have these come from?'

Thus says the Lord God:

I will soon lift up my hand to the nations,

and raise my signal to the peoples;

and they shall bring your sons in their bosom,

and your daughters shall be carried on their shoulders.

Kings shall be your foster-fathers,

and their queens your nursing-mothers.

With their faces to the ground they shall bow down to you,

and lick the dust of your feet.

Then you will know that I am the Lord;

those who wait for me shall not be put to shame.

4/10 Morning Prayer Second Reading Luke 12.1-12

When the crowd gathered in thousands, so that they trampled on one another, Jesus began to speak first to his disciples, 'Beware of the yeast of the Pharisees, that is, their hypocrisy. Nothing is covered up that will not be uncovered, and nothing secret that will not become known. Therefore whatever you have said in the dark will be heard in the light, and what you have whispered behind closed doors will be proclaimed from the housetops.

'I tell you, my friends, do not fear those who kill the body, and after that can do nothing more. But I will warn you whom to fear: fear him who, after he has killed, has authority to cast into hell. Yes, I tell you, fear him! Are not five sparrows sold for two pennies? Yet not one of them is forgotten in God's sight. But even the hairs of your head are all counted. Do not be afraid; you are of more value than many sparrows.

'And I tell you, everyone who acknowledges me before others, the Son of Man also will acknowledge before the angels of God; but whoever denies me before others will be denied before the angels of God. And everyone who speaks a word against the Son of Man will be forgiven; but whoever blasphemes against the Holy Spirit will not be forgiven. When they bring you before the synagogues, the rulers, and the authorities, do not worry about how you are to defend yourselves or what you are to say; for the Holy Spirit will teach you at that very hour what you ought to say.'