



Parish Eucharist
in Ordinary Time

20th September 2026
10.30am

16th Sunday after Trinity
Holy Trinity Church Tottenham

Welcome to Holy Trinity Church Tottenham.

Our Parish Eucharist or Mass is a service of Holy Communion, following the Church of England's Common Worship Order One. Holy Communion is celebrated by the whole people of God gathered for worship. The ministry of the members of the congregation is expressed through their active participation together in the words and actions of the service. The unity of the liturgy is served by the ministry of the president, who in presiding over the whole service holds word and sacrament together and draws the congregation into a worshipping community.

Posture

The congregation are invited to sit, stand, and kneel during the service, these are invitations, please take a posture that is comfortable for you and assists you in your worship this morning.

Sign of the cross

During the service you may choose to make the sign of the cross as a physical expression of prayer, tracing with your hand, to the forehead, chest, left shoulder, right shoulder, and heart. The traditional places to make the sign of the cross are indicated by this symbol ✠

Receiving Communion

All those received into communion in the Church of England, or are baptized and communicant members of other Churches are welcome to receive communion. We believe that the bread and wine at communion are the real presence of Jesus. Receiving bread and wine, or only one as complete and full communion. We receive wine from the common cup. Low gluten wafers are available.

If you have not been received into communion or do not wish to make communion, you are welcome to come forward at communion and receive a blessing from the priest.

Consecrated bread and wine are kept as reserved sacrament in the tabernacle on the high altar of the church, with the lit candle above it. We reverence Christ's presence here by pausing, bowing, or making the sign of the cross.

Readings and hymns are provided on a separate sheet.

The service changes with the church seasons, and this service is for Ordinary Time, the period after Candlemas (2nd February) to Shrove Tuesday, and then after Pentecost until the last Sunday before Advent.

Before Mass

A private prayer for before Mass

'Lord, as I prepare to meet with you in this eucharist, help me to worship you here with this community and family with an undistracted heart. Reveal to me the wonders of your love, in word and sacrament today. Amen.'

During Communion

When communion is distributed is a time for prayer, reflection, and singing, you may wish to use a personal prayer such as:

'Thank you Father for meeting me in this sacrament, for giving us your Son Jesus, fill me with your Holy Spirit today and always. Amen.'

After Mass

A private prayer for when the service is ended

'Lord God, as I go out from this church today, help me to carry with me your love to all I meet. Thank you for all you have given me, and guide me through this week focused on you. Amen'

Our vision and mission statement as a church is:

a Christian community of diverse people joined in prayer in God's mission and loving of neighbours.

All are welcome here in God's house. Come as you are. You are welcome to participate as much or as little as you wish.

The Gathering

Gathering Hymn

All stand, at the entry of the ministers a hymn is sung

1 Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the Rock of Ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.

2 See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove.
Who can faint while such a river
ever flows their thirst to assuage?
Grace which, like the Lord, the giver,
never fails from age to age.

3 Round each habitation hov'ring,
see the cloud and fire appear
for a glory and a cov'ring,
showing that the Lord is near.
Thus they march, the pillar leading,
light by night and shade by day;
daily on the manna feeding
which he gives them when they pray.

(Source: CAHON 205)

The Greeting

 In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen

The Lord be with you
and also with you.

Welcome

Words of welcome are offered.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayer of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,

firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves. In
your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

The president says

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord. **Amen.**

The Gloria

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,**

we praise you for your glory.

[Glory to God, Glory to God, Glory to God in the Highest!]

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world:

have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

[Glory to God, Glory to God, Glory to God in the Highest!]

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

[Glory to God, Glory to God, Glory to God in the Highest!]

Amen.

The Collect

The collect for the day is said

O Lord, we beseech you mercifully to hear the prayers

of your people who call upon you;

and grant that they may both perceive and know

what things they ought to do,

and also may have grace and power faithfully to fulfil them;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

Amen *All sit*

The Liturgy of the Word

First Reading

Jonah 3.10 – end of 4

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

But this was very displeasing to Jonah, and he became angry. He prayed to the Lord and said, 'O Lord! Is not this what I said while I was still in my own country? That is why I fled to Tarshish at the beginning; for I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing. And now, O Lord, please take my life from me, for it is better for me to die than to live.' And the Lord said, 'Is it right for you to be angry?' Then Jonah went out of the city and sat down east of the city, and made a booth for himself there. He sat under it in the shade, waiting to see what would become of the city.

The Lord God appointed a bush, and made it come up over Jonah, to give shade over his head, to save him from his discomfort; so Jonah was very happy about the bush. But when dawn came up the next day, God appointed a worm that attacked the bush, so that it withered. When the sun rose, God prepared a sultry east wind, and the sun beat down on the head of Jonah so that he was faint and asked that he might die. He said, 'It is better for me to die than to live.'

But God said to Jonah, 'Is it right for you to be angry about the bush?' And he said, 'Yes, angry enough to die.' Then the Lord said, 'You are concerned about the bush, for which you did not labour and which you did not grow; it came into being in a night and perished in a night. And should I not be concerned about Nineveh, that great city, in which there are more than a hundred and twenty thousand people who do not

know their right hand from their left, and also many animals?’
This is the word of the Lord.
Thanks be to God.

Psalm 145.1–8

Great is the Lord and highly to be praised.

I will exalt you, O God my King, and bless your name for ever and ever. Every day will I bless you and praise your name for ever and ever. Great is the Lord and highly to be praised; his greatness is beyond all searching out.

Great is the Lord and highly to be praised.

One generation shall praise your works to another and declare your mighty acts. They shall speak of the majesty of your glory, and I will tell of all your wonderful deeds. They shall speak of the might of your marvellous acts, and I will also tell of your greatness. They shall pour forth the story of your abundant kindness and joyfully sing of your righteousness. The Lord is gracious and merciful, long-suffering and of great goodness.

Great is the Lord and highly to be praised.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Second Reading

Philippians 1.21–end

For to me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labour for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am

convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again.

Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well— since you are having the same struggle that you saw I had and now hear that I still have. This is the word of the Lord.

Thanks be to God.

Gradual Hymn

All stand, as the gradual hymn is sung

I Be still and know that I am God.

Be still and know that I am God.

Be still and know that I am God.

2 I am the Lord that healeth thee.

I am the Lord that healeth thee.

I am the Lord that healeth thee.

3 In thee, O Lord, I put my trust.

In thee, O Lord, I put my trust.

In thee, O Lord, I put my trust.

(Source: CAHON 66)

The Gospel Reading

All turn to face the gospel the proclamation in the midst of the people.

Alleluia, alleluia.

Speak, Lord, for your servant is listening.

You have the words of eternal life.

Alleluia

The Lord be with you

And also with you

✠ Hear the Gospel of our Lord Jesus Christ according to

Glory to you, O Lord.

Matthew 20.1–16

Jesus said to his disciples, ‘For the kingdom of heaven is like a landowner who went out early in the morning to hire labourers for his vineyard. After agreeing with the labourers for the usual daily wage, he sent them into his vineyard. When he went out about nine o’clock, he saw others standing idle in the market-place; and he said to them, “You also go into the vineyard, and I will pay you whatever is right.” So they went. When he went out again about noon and about three o’clock, he did the same. And about five o’clock he went out and found others standing around; and he said to them, “Why are you standing here idle all day?” They said to him, “Because no one has hired us.” He said to them, “You also go into the vineyard.”

‘When evening came, the owner of the vineyard said to his manager, “Call the labourers and give them their pay, beginning with the last and then going to the first.” When those hired about five o’clock came, each of them received the usual daily wage. Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. And when they received it, they grumbled against the

landowner, saying, “These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat.” But he replied to one of them, “Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? Take what belongs to you and go; I choose to give to this last the same as I give to you. Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?” So the last will be first, and the first will be last.’

This is the Gospel of the Lord.

Praise to you, O Christ.

Sermon

A sermon is offered

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit
and the Virgin Mary and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

✠ We look for the resurrection of the dead, and the life of the world to come.

Amen.

Prayers of Intercession

In the power of the Spirit and in union with Christ, let us pray to the Father.

The Intercessor leads us in prayer, the following or an alternative response is used

Lord in your mercy **Hear our prayer.**

At the end

Merciful Father

accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

The Liturgy of the Sacrament

The Peace

Jesus said:

‘Love one another. As I have loved you,
so you are to love one another.’

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Offertory Hymn

*During the offertory hymn a collection is taken up, the table is
prepared with bread and wine.*

I Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty,
hold me with thy pow'rful hand:
Bread of Heaven, Bread of Heaven,
feed me till I want no more,
feed me till I want no more.

2 Open now the crystal fountain
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through:
strong deliv'rer, strong deliv'rer
be thou still my strength and shield,
be thou still my strength and shield.

3 When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:

songs and praises, songs of praises,
I will ever give to thee,
I will ever give to thee.

(Source: CAHON 252)

Preparation of the Table

Word made flesh, life of the world,
in your incarnation you embraced our poverty:
by your Spirit may we share in your riches.

Amen

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right, it is our duty and our joy,
at all times and in all places to give you thanks and praise,
holy Father, heavenly King, almighty and eternal God,
through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all
things from the beginning, and formed us in your own image.

Through him you have freed us from the slavery of sin,
giving him to be born of a woman and to die upon the cross;
you raised him from the dead
and exalted him to your right hand on high.

Through him you have sent upon us
your holy and life-giving Spirit,
and made us a people for your own possession.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *singing*:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**✠ Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;

who in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance ✠ of me.

In the same way, after supper he took the cup and gave you
thanks; he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance ✠ of me.

Therefore, heavenly Father,
we remember now his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit
inspire us with your love and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and heaven,
we worship you, Father almighty,
in songs of everlasting praise:

**Blessing and honour and glory and power
be yours for ever and ever. Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;**

on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.

Agnus Dei

Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
grant us peace.

Giving of Communion

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,

and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.**

**We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us.
Amen.**

*All those baptised and admitted to communion are welcome to
receive communion, if you wish to receive a blessing please come
forward with your booklet or arms crossed, please indicate if you
wish to receive a wafer intincted into the wine or a low gluten wafer.*

Prayer after Communion

Almighty God,
you have taught us through your Son
that love is the fulfilling of the law:
grant that we may love you with our whole heart
and our neighbours as ourselves;

through Jesus Christ our Lord.

Amen

Almighty God,

we thank you for feeding us

with the body and blood of your Son Jesus Christ.

Through him we offer you our souls and bodies to be a living sacrifice.

Send us out in the power of your Spirit

to live and work to your praise and glory.

Amen.

Notices

Notices are given, please see the church newsletter.

The Blessing

The peace of God, which passes all understanding,

keep your hearts and minds

in the knowledge and love of God,

and of his Son Jesus Christ our Lord;

and the blessing of God almighty,

the Father, the Son, and the Holy Spirit,

be among you and remain with you always. **Amen.**

Final Hymn

During the final hymn the minister and altar party process to the church door

Tell out, my soul, the greatness of the Lord!

Unnumbered blessings give my spirit voice;

tender to me the promise of his word –

in God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of his name!
Make known his might, the deeds his arm has done;
his mercy sure, from age to age the same –
his holy name: the Lord, the Mighty One.

Tell out, my soul, the greatness of his might!
Pow'rs and dominions lay their glory by;
proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.

Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure:
tell out, my soul, the greatness of the Lord
to children's children and for evermore!

(Source: CAHON 632)

The Dismissal

Go in peace to love and serve the Lord.

In the Name of Christ. Amen.

The ministers and people depart.

You are invited to join us for tea and coffee in the church hall after the service.

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Our Community Prayer for the Week

Almighty God and Father of all, as we go out from this service,
teach us and help us to be:

"A Christian community of diverse people joined in prayer,
alive to God's Mission, and loving of our neighbours."

Amen